

Personalised Care and Support Plan standard v2.1 Release notes (Final draft)

Previous version: Digital Care and Support Plan v1.1 (March 2018)
Current information model version: 2.0.

A range of enhancements were made to the model in 2021 as part of a project to update the Digital Care and Support plan (2018), through consultation with a stakeholder group representing a range of disciplines, with a focus on adults in community mental health with severe and enduring mental illness. Details of the consultations can be found in the final report.

Please see <https://theprsb.org/standards/personalisedcareandsupportplan/> for the updated information model and implementation guidance documents.

Other issues factored into the update:

- **Alignment with PRSB Core Information standard** (2021) currently being implemented nationally
- **Alignment with newer standard projects** completing since the previous release (March 2018).
- **Decomposition** work is has resulted in more structured data models for clinical concepts. Includes (eg) addition of 'coded' and 'free text' fields for all coded elements or restructuring (eg) 'Patient Address' to include elements for each line of the address. This aligns standards closer to the associated technical specifications.
- **Addition of metadata** to sections: 'person completing record'; 'performing professional', 'date' and 'location' elements. This was done to improve clinical safety and provenance. Previously 'performing professional' was a section in its own right.
- **Maintenance issues** logged from users of the standard since the previous release.

Please note:

1. all new elements include associated value sets. All decomposed elements include new values.
2. updated elements also include updated value sets for the reasons above, and to align to FHIR.

Metadata

'Person completing record' and performing professional' each include the following elements:

- Name
- Role
- Grade
- Specialty
- Organisation
- Professional Identifier

- Date Completed
- Contact Details

Release Notes

Section/Element	Update	Detail & Decisions
Person Demographics	Significant updates to align to more recent standards	<p>'Person Name' decomposed to include 6 subelements – aligned to NHS data dictionary terms for:</p> <ul style="list-style-type: none"> - Person first name - Person Family Name - Person preferred name - Title - Person name suffix - Person full name <p>'Person Address' decomposed into 6 elements; aligned to NHS data dictionary terms for:</p> <ul style="list-style-type: none"> - Address Line 1 - Address Line 2 - Address Line 3 - Address Line 4 - Address Line 5 - Postcode - Address Type <p>'Person Contact Details' is a new cluster, including elements (aligned to NHS data dictionary terms) for:</p> <ul style="list-style-type: none"> - Preferred contact method - Person's telephone number details (cluster – see below) - Person's Email Address details (cluster – see below) - Other contact information <p>'Marital status' and 'Place of birth' added to align to more recent PRSB and national information standards</p>
Formulation	<p>New section added to PCSP model</p> <p>Implementation guidance updated.</p> <p>Metadata elements included</p>	<ul style="list-style-type: none"> - Added as a free text field - Updated description <p>Description: An account, shared by a therapist and person, of the personal meaning and origins of a person's difficulties. This is viewed in the context of multiple factors including relationships, social circumstances and life events and will indicate the most helpful way forward.</p> <p>Metadata elements included:</p>

		<ul style="list-style-type: none"> - Date - Location - Performing Professional - Person Completing Record
Personal Contacts	New section added	<p>New section added as deemed essential for care planning.</p> <p>Elements are:</p> <ul style="list-style-type: none"> - Name - Relationship - Relationship type - Contact details - Comments
Professional Contacts	New section added	<p>New section added as deemed essential for care planning.</p> <p>Elements are:</p> <ul style="list-style-type: none"> - Name - Role - Key worker - Speciality - Team - Organisation <ul style="list-style-type: none"> Coded value Free text - Contact details - Start date - End date
Coping strategies	New Element	<p>New free text element added under 'Contingency Plan(s) section.</p> <p>Includes elements for 'start date' and 'end date'.</p> <p>Description added:</p> <p>"The coping strategies are defined as thoughts and behaviours that people use to manage the internal and external demands of situations that are appraised as stressful. This should also include a record of any tools used to carry out the coping strategy."</p>
Relapse indicators / early warning signs	New Element	<p>New coded element added under 'Contingency Plan(s) section.</p> <p>Values added: SNOMED CT :- 414482001 Indication for relapse (observable entity) </p>
About Me	Updated section	<p>Addition of the updated 'About Me' section from the digital social care project. New elements are:</p>

		<ul style="list-style-type: none"> - What is most important to me - People who are important to me - How I communicate and how to communicate with me - Please do and please don't - My wellness - How and when to support me - Also worth knowing about me - Location to multimedia file <p>All elements are currently free text. (These may be structured in future releases).</p>
Care and Support Plan	Various elements in this section have a 'coded value' added alongside the free text fields.	<p>Updated valuesets (to include coded values) for:</p> <ul style="list-style-type: none"> - Care and Support Plan > Strengths - Care and Support Plan > Needs, Concerns or Problems - Care and Support Plan > Care funding source - Care and Support Plan > Needs, Concerns or Problems > Goals and hopes - Care and Support Plan > Needs, Concerns or Problems > Goals and hopes > Actions and activities > What; Status; Stage goal; Outcome.
Care and Support Plan > Needs, concerns and health problems	<p>Update element title (removed 'health').</p> <p>New title is 'Needs, concerns or problems'</p> <p>Enhanced description</p>	<ul style="list-style-type: none"> - Removed 'health' from the element title to reduce the focus on healthcare, as opposed to mental health and social care. New title: 'needs, concerns and problems'. - Description updated to lay out examples of non-health related needs and concerns: <p>Description: Needs, concerns or problems the person has that relating to their health and well-being. May be linked to the problem list from the person's record to avoid duplication. May include biological, psychological and social needs, concerns or problems. May include (eg) financial concerns over debt.</p> <p>Metadata elements included:</p> <ul style="list-style-type: none"> - Location - Performing Professional - Person Completing Record
Contingency Plans	Section renamed	Section named 'Contingency/Safety Plans' – previously 'Contingency Plans': 'Safety'

		was considered to be a widely understood term by mental health professionals and people using mental health services.
--	--	---