

# Alan Example – Referral to Social Prescribing



Professional  
Record  
Standards  
Body

- Manually entered data
- System generated data
- System supported entry
- Previously entered data

<b>Surname:</b> Sykes	<b>First Name:</b> Alan	<b>NHS No:</b> 111 111 2222	<b>Local /Journey ID:</b> xxxxxxxx	
<b>Home Address:</b> 15 Cosy Avenue Newtown NT1 1AB	<b>DOB:</b> 1/2/2000 <b>AGE:</b> 22 <b>Sex:</b> M <b>Gender:</b> Male <b>Pronoun:</b> he/him	<b>Contact details:</b> Tel: 01234 567891 Mobile: <b>07755 555 555</b> email: <a href="mailto:alan.sykes@myemal.com">alan.sykes@myemal.com</a>	<b>Preferred method of contact:</b> Mobile	<b>Consent to share information:</b> YES
<b>Ethnicity</b> Mixed – White Asian	<b>Religion</b> Agnostic	<b>Marital Status:</b> Single	<b>Sexual Orientation:</b>	<b>Carer status:</b> N/A
<b>Registered GP:</b> Dr Mark Brown	<b>Registered GP Practice:</b> Newtown GP Surgery Newtown, NT1 2XZ	<b>GP Practice ID:</b> H2031		
<b>Referrer Details:</b>				
<b>Name:</b> Dr M Brown	<b>Role:</b> GP	<b>Organisation:</b> Newtown GP Surgery	<b>Contact details:</b> 01234 234567	
<b>Referral Method:</b> Secure (FHIR) message	<b>Reason for Referral:</b> To provide the support Alan needs following bereavement			
<b>Referral To:</b>				
<b>Service:</b> Social Prescribing Service	<b>Organisation:</b> Newtown council for voluntary service	<b>Contact details</b> 03456 987654		
<b>Presenting Complaints or Issues</b>				
<b>Free Text</b>	Feeling low after bereavement	<b>Coded Data</b>	New SP Refset Bereavement - 74506000	
<b>Risks:</b>				
<b>Free Text</b>	No known risks	<b>Coded Data</b>		
<b>Safeguarding:</b> N/A				
<b>Supporting Information</b>				
<b>About Me:</b> Link: <a href="#">Alan Sykes About Me</a>		<b>Personalised care and support plan:</b> Link: <a href="#">Alan Sykes PCSP</a>	<b>Pregnancy status:</b> No	
<b>Individual requirements:</b>				
<b>Problems:</b>	Free Text	<b>Coded Data</b>	Aspergers	
<b>Social Context:</b>				
<b>Services &amp; Care:</b>				

# Alan Example – 5<sup>th</sup> meeting with social prescribing link worker

## Meeting Details:

<b>Date &amp; Time:</b> 29 Sep 2022 11:00	<b>Location:</b> Newtown Park	<b>Method:</b> Face to Face	<b>Seen by:</b> Sarah Moreton	
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## Care & Support Plan:





<b>Needs (Record 1):</b>	<b>Free Text:</b> Loneliness following bereavement	<b>Code:</b> Bereavement - 74506000
<b>Goals and hopes:</b>	<b>Free Text:</b> Get support and make social contacts	
<b>Actions and activities:</b>	<b>Free Text:</b> Bereavement counselling	<b>Code:</b> Bereavement counselling - 171007003
<b>Status:</b> In progress	<b>Outcomes:</b> Alan becoming more spontaneous and even chatty. Considering trying more activities	
<b>Needs (Record 2):</b>	<b>Free Text:</b> Needs support with managing finances	<b>Code:</b> Difficulty with money management - 300692004
<b>Goals and hopes:</b>	<b>Free Text:</b> To be able to manage my finances, my mum used to do it all	
<b>Actions and activities:</b>	<b>Free Text:</b> Managing finance course (CAB)	<b>Code:</b> Finances education, guidance, and counselling - 410292002
<b>Status:</b> To be done	<b>Outcomes:</b> Alan reports this as being really helpful	

## Assessment:

<b>Assessment:</b>	<b>Name:</b> ONS4 Personal Wellbeing score - 1099451000000104	<b>Date:</b> 29 Sep 2022
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I am satisfied with my life	<b>Value:</b> 3
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - What I do in my life is worthwhile	<b>Value:</b> 3
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was happy yesterday	<b>Value:</b> 4
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was not anxious yesterday	<b>Value:</b> 3

## Signpost details to:

<b>Service:</b> Managing finance course	<b>Organisation:</b> Citizens Advice Bureau	<b>Contact details:</b> CAB@newtown.gov.uk	<b>Date:</b> 29 Sep 2022
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# Alan Example – Message back to GP on completion - Page 1 of 2

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### Person Details

<b>Surname:</b> Sykes	<b>First Name:</b> Alan	<b>NHS No:</b> 111 111 2222	<b>Local /Journey ID:</b> xxxxxxxx	
<b>Home Address:</b> 15 Cosy Avenue Newtown NT1 1AB	<b>DOB:</b> 1/2/2000 <b>AGE:</b> 22 <b>Sex:</b> M <b>Gender:</b> Male <b>Pronoun:</b> he/him	<b>Contact details:</b> <b>Tel:</b> 01234 567891 <b>Mobile:</b> 07755 555 555 <b>email:</b> alan.sykes@myemal.com	<b>Preferred method of contact:</b> Phone – Face to face for meetings	<b>Consent to share information:</b> YES
<b>Ethnicity</b> Mixed – White Asian	<b>Religion</b> Agnostic	<b>Marital Status:</b> Single	<b>Sexual Orientation:</b>	<b>Carer status:</b> N/A
<b>Registered GP:</b> Dr Mark Brown	<b>Registered GP Practice:</b> Newtown GP Surgery Newtown, NT1 2XZ	<b>GP Practice ID:</b> H2031		

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### Social Prescribing Summary:

<b>Clinical summary:</b>	Alan attended 10 meetings over a 3 month period. We identified he needed support around bereavement, low mood and managing his finances. He has attended a bereavement counselling course and finance management course. His personal wellbeing scores have improved. I have included further information and his agreed care and support plan below. No new risks or safeguarding concerns were identified. This current episode with the social prescribing team is ending but he is welcome to self-refer or be referred back to us in the future.
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<b>Risks:</b>	<b>Free Text</b>	No known risks	<b>Coded Data</b>	
<b>Safeguarding:</b> N/A				

### Care & Support Plan:

<b>Needs (Record 1):</b>	<b>Free Text:</b> Loneliness following bereavement	<b>Code:</b> Bereavement - 74506000
<b>Goals and hopes:</b>	<b>Free Text:</b> Get support and make social contacts	
<b>Actions and activities:</b>	<b>Free Text:</b> Bereavement counselling - virtual group	<b>Code:</b> Bereavement counselling - 171007003
<b>Status:</b> Done	<b>Outcomes:</b> Alan becoming more spontaneous and even chatty. Considered trying more activities	
<b>Needs (Record 2):</b>	<b>Free Text:</b> Needs support with managing finances	<b>Code:</b> Difficulty with money management - 300692004
<b>Goals and hopes:</b>	<b>Free Text:</b> To be able to manage my finances, my mum used to do it all	
<b>Actions and activities:</b>	<b>Free Text:</b> Managing finance course (CAB)	<b>Code:</b> Finances education, guidance, and counselling - 410292002
<b>Status:</b> In progress	<b>Outcomes:</b> Alan reports this as being really helpful	

# Alan Example – Message back to GP on completion – Page 2 of 2





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### Plan and requested actions

<b>Actions for professionals:</b>	<b>Free Text:</b>
<b>Actions for person/carer:</b>	<b>Free Text:</b> To complete the “managing finance course”

### Assessments (First and last)

<b>Assessment:</b>	<b>Name:</b> ONS4 Personal Wellbeing score - 1099451000000104	<b>Date:</b> 2 Aug 2022
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I am satisfied with my life	<b>Value:</b> 2
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - What I do in my life is worthwhile	<b>Value:</b> 2
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was happy yesterday	<b>Value:</b> 3
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was not anxious yesterday	<b>Value:</b> 2
<b>Assessment:</b>	<b>Name:</b> ONS4 Personal Wellbeing score - 1099451000000104	<b>Date:</b> 29 Sep 2022
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I am satisfied with my life	<b>Value:</b> 3
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - What I do in my life is worthwhile	<b>Value:</b> 3
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was happy yesterday	<b>Value:</b> 4
<b>Subscale result:</b>	<b>Subscale score:</b> PWS - I was not anxious yesterday	<b>Value:</b> 3

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